[](http://www.childsafetyweek.org.uk/child-safety-week-2015/)

**Summer Water Safety for kids**

**Wiltshire Primary Schools Water Safety Super Hero Poster Competition**

**Useful information for teachers ( two pages)**

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| **In and around the home** | **Swimming pools** |
| Key issues   * **Babies & young children** are at greater risk and need constant adult supervision in and near water * **Baths** – empty immediately after use * **Paddling pools** – empty after use * **Ponds** – little children need to be supervised near a pond, by an adult * **Buckets/water butts**– empty or use secure lids | Key issues   * More children from the UK, drown in hotel and villa pools abroad, in the first hour of arriving. * No barrier or gate between pool and surrounding area creates an additional danger to young children * Private pools without a lifeguard mean adults should be extra vigilant * Follow pool rules * Check the depth of the water in the pool * Don’t dive in the shallow end * Non swimmers need buoyancy aids * Adult supervision is important and   alcohol and swimming don’t mix |
| **The beach and sea** | **Open water - Rivers, canals, reservoirs, quarries and lakes** |
| Key issues   * Swim at a lifeguarded beach, when possible * Check the flag system on beach * Swim between red & yellow flags * Be careful not to get out of your depth * Watch out for rip currents in the sea, they can pull you under * Wear lifejackets on boats, jet skis and for other water activities * Inflatables in the sea, can quickly pull you out of your depth, with the wind and tides * Jumping/tombstoning into sea from rocks, cliffs and piers is dangerous * Look at tide times and prevent getting cut off on the beach * Always swim with others * Adult supervision is important | Key issues   * Open water stays cold, all year round * Cold water shock, affects our ability to swim and self rescue * Stay back from the edge of the water bank, as it can be slippery & unstable * Swim in lifeguarded lakes * Get out of the water as soon as you begin to feel cold * Always take someone with you when you are in or near open water * Wear a lifejacket on boats * Jumping in or tombstoning is dangerous * Beware of underwater hazards * River weirs have undercurrents- don’t walk across or swim near them * Don’t swim if you have been drinking alcohol * Know who to call in an emergency * Adult supervision |
| **The SAFE code**  **S – Spot**  Spot the dangers  **A – Advice**  Follow safety signs and advice  **F – Friend**  Stay close to a friend or family member  **E – Emergency**  Shout for help and know the emergency numbers at home and abroad | **Useful links**  Royal Life Saving Society UK  [www.rlss.org.uk/watersafety](http://www.rlss.org.uk/watersafety)  Royal National Lifeboat Institute  [www.rnli.org/safetyandeducation](http://www.rnli.org/safetyandeducation)  The Angus Lawson Memorial Trust  [www.almt.org/the-danger-age-video](http://www.almt.org/the-danger-age-video)  Child Accident Prevention Trust  [www.childsafetyweek.org.uk](http://www.childsafetyweek.org.uk)  Royal Society for the Prevention of Accidents  [www.rospa.org.uk](http://www.rospa.org.uk) |